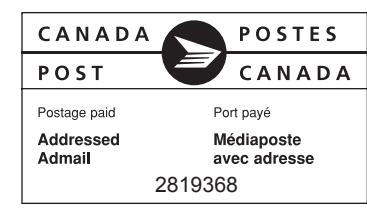




Conference Secretary
 217 – Health Services Centre
 Grey Nuns Community Hospital
 1090 Youville Dr. West
 Edmonton, Alberta T6L 0A3



20th Annual Palliative Care Conference Education and Research Day October 26, 2009

**Fantasyland Hotel
 West Edmonton Mall
 Edmonton, Alberta, Canada**



Objectives For This Conference Are To:

1. Heighten awareness of palliative care needs in our community.
2. Increase knowledge of the mechanisms of physical, emotional, spiritual & social distress.
3. Provide better understanding of all methods of controlling symptoms of terminal disease.
4. Improve the understanding of family centered care.
5. Improve understanding and support for the interdisciplinary approach.
6. Heighten awareness of compassionate values and moral decision-making in palliative care.
7. Create a supportive environment to enhance staff wellness.
8. Provide opportunity for interaction between colleagues in palliative care.
9. Provide a forum for new research both in progress and completed.

We would like to thank our participating sponsors:

- Grant MacEwan College
- Market Drugs Medical
- Sanofi Aventis
- Paladin Labs Inc.
- Purdue Pharma
- Wyeth Pharmaceuticals



Speakers

Becvar, Dorothy PhD, Professor School of Social Work, St. Louis University, St. Louis, USA

Blacker, Susan BSW, MSW, Director, Cancer Services Planning & Performance, St. Michael's Hospital, Toronto

Currow, David MD, Professor, Palliative & Supportive Services, Flinders University, Adelaide, Australia

Enns, Beverly RN, BScN, ONDEC, Palliative Nurse Consultant, Royal Alexandra Hospital, Edmonton

Ewanchuk, Mark MD, Associate Clinical Professor, Division of Critical Care Medicine, Department of Anesthesiology and Pain Medicine, University of Alberta, Edmonton

Fainsinger, Robin MD, Director, Palliative Medicine, Department of Oncology, University of Alberta & Director, Tertiary Palliative Care, Grey Nuns Hospital, Edmonton

Gilchrist, Jon MCS, Clinical Ethics Leader, Covenant Health, Edmonton

Hanschar, Anna BScN, Supervisor, Northeast Palliative Home Care Team, Edmonton

Hunter, Sharon, BScN, Supervisor, South Palliative Home Care Team, Edmonton

Lechelt, Kathy MD, Director, Division of Geriatric Medicine, Department of Medicine, University of Alberta & Site Lead, Geriatric Medicine, Royal Alexandra Hospital, Edmonton

Knudsen, Charlene BScN, MEd, Supervisor, St. Albert Integrated Home Care Team, St. Albert

Macmillan, Karen RN, MN, Senior Operating Officer, Grey Nuns Community Hospital, Covenant Health, Edmonton

Paterson, Shirley BScN, CHPCN(c), Palliative Nurse Consultant, Royal Alexandra Hospital, Edmonton

Thai, Vincent MD, Palliative Care Physician/ Director, Palliative Care Program, University of Alberta Hospital, Edmonton

Watanabe, Sharon MD, Director, Department of Symptom Control and Palliative Care, Cross Cancer Institute, Edmonton

Wilkey, Beth RN, CHPCN(c), Director of Supportive Living, Shepherd's Care Foundation, Edmonton

Plenary Speakers



Professor David Currow is currently the foundation Chief Executive Officer of Cancer Australia, the Australian government's national cancer control agency. He continues to hold the appointment of Professor of Palliative and Supportive Services at Flinders University, Adelaide, Australia. David initially trained as a physician in internal medicine with sub-specialty training in palliative medicine. At the same time, he completed a Master of Public Health exploring changes in the reported incidence of cancer unknown primary in New South Wales over a 25 year time period. Since 2000 he has had the Chair of Palliative and Supportive Services at Flinders University where there are more than 200 distance students studying at a post-graduate level around the world from a variety of discipline backgrounds. He has published widely in palliative care journals and the general medical literature. Other research interests include the symptomatic management of dyspnea, improving population based planning for people with life limiting illnesses and improving the evidence base around which clinical decisions are made in palliative care. He is a senior associate editor of the Journal of Palliative Medicine.



Dorothy S. Becvar, Ph.D., is a Professor in the School of Social Work at Saint Louis University. A Licensed Marital and Family Therapist and a Licensed Clinical Social Worker. Dorothy has published extensively and in addition to many journal articles and book chapters is the author of the several books. Currently, Dorothy is serving as Editor of Contemporary Family Therapy: An International Journal. She is also a well-respected teacher and trainer who in addition to Saint Louis University has been a member of the faculties of the University of Missouri-St. Louis, Texas Tech University, Washington University and Radford University, and has presented workshops and taught courses, both nationally and internationally, on a wide variety of topics.



Susan Blacker received her Bachelor of Social Work degree from King's College at the University of Western Ontario in London, Ontario and completed her Master of Social Work degree at the University of Toronto. She began her clinical career in Oncology and Palliative Care Social Work at Oshawa General Hospital. Simultaneously, she taught at Durham College in Oshawa, Ontario in the Palliative Care Certificate and Oncology Nursing Certificate Programs. Currently, Susan is the Coordinator of the Oncology Center's patient and family resource program called The Living with Cancer Resource Program. She is also the Director of the Johns Hopkins Oncology Center's Continuing Education Program in Psychosocial Cancer Care, a nationally-recognized training program for health care professionals.



Dr. Fainsinger graduated from the University of Cape Town in South Africa in 1981. In 1991, he completed the first fellowship in palliative medicine at the University of Alberta in Edmonton, Canada. He is the Director of the Tertiary Palliative Care Unit at the Grey Nuns Hospital, Director of the Division of Palliative Care Medicine in the Dept of Oncology, and Clinical Director for the Alberta Health Services – Edmonton Zone Palliative Care Program. He is a Professor in the Division of Palliative Care Medicine, Department of Oncology at the University of Alberta. He is active in education and research, and has published articles on a number of palliative care topics, with an interest in dehydration, delirium, sedation at the end of life, and a classification system for cancer pain. He has over 140 publications in journals and book chapters.

Monday, 26th October 2009

0800 – 0830 **REGISTRATION**

0830 – 0840 **WELCOME**
Patrick Dumelie, President, Covenant Health

0845 – 0945 **PLENARY ADDRESS**
What Really Are the Goals of Specialist Palliative Care Services?
David Currow

0930 – 1015 **PLENARY ADDRESS**
Facilitating Resilience for Families Living in the Presence of Grief: An Overview
Dorothy Becvar

1015 – 1045 **COFFEE/POSTERS**

1045 – 1145 **CONCURRENT SESSIONS**
A. 1) Facilitating Resilience for Families Living in the Presence of Grief: Some Pragmatics
Dorothy Becvar
2) What can Carers from Across the Community Teach us about Good Palliative Care?
David Currow
3) Confusion Conundrum: An Approach to Managing Delirium in the Palliative Care Patient
Sharon Watanabe
4) Providing End of Life Care in a Continuing Care Setting: Special Considerations and Indications for Care
Beth Wilkey

1145 – 1240 **LUNCH**

1240 **REFLECTION**

1245 – 1330 **PLENARY ADDRESS**
Psychosocial Care: Are We Meeting the Needs of Our Patients and Families?
Susan Blacker

1330 – 1430 **CONCURRENT SESSIONS**
B. 1) Conflict? Thanks but No Thanks
Susan Blacker
2) Where Pain Meets Cognitive Impairment
Vincent Thai
3) Back to the Basics: Bedside Nursing with Palliative Patients
Beverly Enns / Shirley Paterson
4) When Home is the Setting of Choice for Palliative / End of Life Care: The Integral Role of the Home Care Case Manager
Sharon Hunter / Charlene Knudsen / Anna Hanschar

1430 - 1500 **COFFEE/POSTERS**

1500 – 1600 **PANEL DISCUSSION**
Ethical Issues: Difficult Decisions Faced at the End of Life
Karen Macmillan / Jon Gilchrist / Mark Ewanchuk / Kathy Lechelt

1600 – 1630 **CLOSING**
Palliative Care: Where We Have Been, Where We Are, Where We Are Going
Robin Fainsinger

20th Annual Palliative Care Conference: Education and Research Day 26th October 2009 - Fantasyland Hotel, West Edmonton Mall

Pre-registration is necessary to guarantee lunch

REGISTRATION FORM: PLEASE FILL IN COMPLETELY AND PRINT CLEARLY OR TYPE

LAST/FIRST NAME: _____

ORGANIZATION/AFFILIATION: _____

ADDRESS: _____
City Province Postal Code

PHONE () _____ FAX () _____ E-MAIL _____

Registration Fee:

Regular Registration: \$ 100.00

Full Time Student: \$ 50.00
(with Proof of Full-time Registration)

FEE: (G.S.T. and Lunches included in price) (G.S.T. Registration No. 107282535)
Are you registering as a

Presenter: Session: _____
 Student: ID: _____
Educational Institution: _____

Professional Designation: MD RN LPN Pharm PhD Social Work Pastoral Care Occ. Therapy
 Physio Therapy Dietary Other (Specify): _____

CONCURRENT SESSIONS (Indicate a choice for each Session)

Monday, October 26th 2009

A.1 ___ A.2 ___ A.3 ___ A.4 ___ B.1 ___ B.2 ___ B.3 ___ B.4 ___

Telephone/fax registrations will not be guaranteed until payment is received.

Registration Deadline: No registrations will be accepted after October 23rd.

A \$25 cancellation fee applies to all cancellations before October 15th. Registration fee non-refundable after October 15th.

Further Information contact: Phone: 780-735-7727; Fax: 780-735-7302 E-mail: pallconf@capitalhealth.ca

If paying by Credit Card: Visa Master Card Amex Other _____

Card No. _____ Expiry Date _____ Signature _____

If paying by cheque make payable to: **Covenant Health** and Mail to:
Kathy Robberstad
Grey Nuns Community Hospital
1090 Youville Drive West, 217 – Health Services Centre
EDMONTON, AB T6L 0A3

Receipts will be enclosed in your
Registration package at the door