



Objectives For This Conference Are To:

1. Heighten awareness of palliative care needs in our community.
2. Increase knowledge of the mechanisms of physical, emotional, spiritual & social distress.
3. Provide better understanding of all methods of controlling symptoms of terminal disease.
4. Improve the understanding of family centered care.
5. Improve understanding and support for the interdisciplinary approach.
6. Heighten awareness of compassionate values and moral decision-making in palliative care.
7. Create a supportive environment to enhance staff wellness.
8. Provide opportunity for interaction between colleagues in palliative care.
9. Provide a forum for new research both in progress and completed.

We would like to thank our participating sponsors:

- Caritas Hospitals Foundation
- Market Drugs Medical
- Nycomed Canada Inc.
- Allan Waidman
- Paladin Labs Inc.
- PendoPharm
- Pfizer Canada
- Purdue Pharma
- Sanofi Aventis
- Valeant Canada



Speakers

Amigo, Pablo MD, Palliative Care Physician, Tertiary Palliative Care, Covenant Health Grey Nuns Hospital, Edmonton

Austin, Wendy RN Med PhD, Faculty of Nursing and with the John Dossetor Health Ethics Centre at the University of Alberta, Edmonton

Burton MacLeod, Sarah MD, Physician, Alberta Health Services – Edmonton Zone - Palliative Care Program, Edmonton

Chimich, Bill MD, Geriatric Consulting Psychiatrist, Glenrose Rehabilitation Hospital, Associate Clinical Professor, Department of Psychiatry, University of Alberta, Edmonton

DeKock, Ingrid MD, Physician, Alberta Health Services – Edmonton Zone – Palliative Care Program, Edmonton

Downing, Michael MD, Director of Research & Development, Victoria Hospice; Clinical Associate Professor, University of British Columbia, Division of Palliative Care; BC Cancer Agency, Victoria, BC

Kaasa, Stein MD, PhD, Professor of Palliative Medicine, NTNU, Director of the European Palliative Care Research Centre, Trondheim, Norway

Fainsinger, Robin MD, Director, Palliative Care, Tertiary Palliative Care Unit, Grey Nuns Hospital, Covenant Health, Professor/Director, Division of Palliative Care Medicine, University of Alberta, Edmonton

Hundleby, Marilyn, PhD, R Psych, Psychologist, Art in Medicine, Edmonton

Kulas, Gail RN, MN, NP, Medicine Program, Covenant Health – Grey Nuns Hospital, Edmonton

Lapointe, Bernard MD, Chief, Palliative Care Division SMBD Jewish General Hospital, Montréal, Québec

Lee, Lawrence MD, Physician, Alberta Health Services – Edmonton Zone - Palliative Care Program, Edmonton

Moll-Dowdell, Rachel BScN, Psychiatric Clinical Consultant, Continuing Care, Edmonton

Nekolaichuk, Cheryl PhD, RPsych, Assistant Professor, Division of Palliative Care Medicine, University of Alberta, Edmonton

Oneschuk, Doreen MD, Palliative Care Physician, Covenant Health, Tertiary Palliative Care Unit, Grey Nuns Community Hospital, Edmonton

Tarumi, Yoko MD, Palliative Care Physician/Director, Palliative Care Program, Royal Alexandra Hospital, Edmonton

Thai, Vincent MD, Palliative Care Physician/Director, Palliative Care Program, University of Alberta Hospital, Edmonton

Watanabe, Sharon MD, Director, Department of Symptom Control and Palliative Care, Cross Cancer Institute, Edmonton

Young, Sandra, RN, MScN, Clinical Nurse Specialist, AHS – Edmonton Zone - Palliative Care Program, Edmonton

Old Scona High School Drama Students

Conference Secretary
217 – Health Services Centre
Grey Nuns Community Hospital
1090 Youville Dr. West
Edmonton, Alberta T6L 0A3



21st Annual Palliative Care Conference Education and Research Days October 25th & 26th, 2010

Fantasyland Hotel
West Edmonton Mall
Edmonton, Alberta, Canada



Covenant
Health

Plenary Speakers



Dr. Stein Kaasa is considered to be the leading figure in European palliative care. He is a specialist in medical oncology, radiotherapy, and palliative medicine. Since 1993, he has been the Director of the Palliative Medicine Unit at Trondheim University Hospital, Norway, and Professor of Palliative Medicine at the Institute of Cancer Research, Faculty of Medicine, Norwegian University of Science and Technology in Trondheim. Dr. Kaasa is the chair of the European Palliative Care Research Centre where this initiative aims at improving palliative patient care, including end of life care, through research of highest quality in an international setting.



Dr. William Chimich is a geriatric consulting psychiatrist at the Glenrose Rehabilitation Hospital in Edmonton, Alberta. He also consults to Alberta Mental Health Services and the Continuing Care Psychiatric Consulting Service in Edmonton, where he provides consultative services to a palliative care population in the hospice setting. He is an Associate Clinical Professor in the Department of Psychiatry, University of Alberta. His clinical and academic interests include pharmacotherapy, psychotherapy, mood disorders and spirituality in the elderly, and he also has a special interest in end of life care. He has an interest in medical education and is currently on the Psychiatry examination board for the Royal College of Physicians and Surgeons of Canada.



Dr. Michael Downing has worked with Victoria Hospice since its inception, first as a hospice physician, then as Medical Director, and currently is the Director of Research. Dr. Downing heads the Research and Development office which was formed in 2007 to provide support and coordination for providing research. Many studies have been conducted in such areas as new pain drugs, bowel care, respiratory congestion, family support, children and bereavement. Victoria Hospice research partners include the University of Victoria, the University of British Columbia, the Vancouver Island Health Authority, the British Columbia Cancer Agency and the Victoria Palliative Research Network.



Dr. Wendy Austin is a Professor and Canada Research Chair (Tier II) in Relational Ethics in Health Care in the Faculty of Nursing and with the John Dossetor Health Ethics Centre at the University of Alberta. She also serves on the board of the university's Health Law Institute. Dr. Austin's research focuses on ethical engagement in health care and health research, healthcare environments as moral communities, and global issues in mental health ethics. From her early research in preparing nurses for end-of-life caregiving, Dr. Austin has developed a relational ethics perspective on addressing health professionals' ability to care for vulnerable people such as the terminally ill and their families, particularly in connection with the emergent concepts of moral distress and compassion fatigue.

Monday, 25th October 2010

0800 – 0830 **REGISTRATION**

0830 – 0840 **WELCOME**
Patrick Dumelie, President Covenant Health

0845 – 0945 **PLENARY ADDRESS**
Clinical Implications from Recent Palliative Care Research.
Stein Kaasa

0945 – 1015 **COFFEE/POSTERS**

1015 – 1115 A. 1) **CONCURRENT SESSIONS**
Practical Issues in Palliative Care: To Clot or Not to Clot: Anticoagulation at the End of Life.
Gail Kulas

2) **Trends and Issues in Palliative Care:** Evidence Based Guidelines in Cancer Palliative Care: Is it Enough Evidence?
Stein Kaasa

3) **Psychosocial/Spiritual:** Finding Hope in Uncertain Times: Lessons Learned from End-of-Life Journeys.
Cheryl Nekolaichuk

4) **Collaboration in Care:** TBA
TBA

1120 – 1220 B. 1) **CONCURRENT SESSIONS**
Practical Issues in Palliative Care: Palliative Sedation.
Doreen Oneschuk / Lawrence Lee

2) **Trends and Issues in Palliative Care:** Revised Hospice Palliative Care Standards: How They Affect Your Nursing Practice.
Sandra Young

3) **Psychosocial/Spiritual:** Euthanasia & Physician Assisted Suicide: Where Does the Future Lie?
Bernard Lapointe

4) **Advancements in Palliative Care:** Pain & Symptom Control and Palliative Radiotherapy Consultation by Telehealth for Rural Cancer Patients: Symptom Cost & Satisfaction Outcomes.
Sharon Watanabe & Team

1230 – 1345 **LUNCH**

1400 – 1500 **PLENARY ADDRESS**
Psychiatric Assessment and Management of Mental Health Issues in Late Life and End-of-Life Care.
Bill Chimich

1500 – 1515 **COFFEE/POSTERS**

1515 – 1645 C. 1) **CONCURRENT SESSIONS**
Practical Issues in Palliative Care: An Update in Breakthrough Pain.
Yoko Tarumi / Sharon Watanabe

2) **Psychosocial/Spiritual:** heARTS in Medicine: Art as a Powerful Source of Inspiration and Healing.
Marilyn Hundleby

3) **Collaboration in Care:** Psychopharmacology 101: The Use of Psychotropic Medications in Late Life and End of Life.
Bill Chimich / Rachel Moll-Dowdell

4) **Advancements in Palliative Care:** Multi-Centre Study of Advanced Cancer Patients: Categorization of Pain Intensity. An International Pain Classification Study: What are the Difference in Cancer Pain Classification Across Diverse Palliative Care Sites?
A Predictive Model for Identifying Complex Cancer Pain Syndromes in Patients Referred to Specialist Palliative Care Services Using a Pain Classification System.
Robin Fainsinger / Cheryl Nekolaichuk

POSTER SESSION

WINE & CHEESE

Tuesday, 26th October 2010

0815 – 0845 **REGISTRATION**

0845 – 0855 **WELCOME**
Karen Macmillan, Senior Operating Officer, Covenant Health

0900 – 1000 **PLENARY ADDRESS**
"Who Knows?" 10 Steps to Better Prognostication.
Michael Downing

1000 – 1025 **COFFEE/POSTERS**

1030 – 1200 A. 1) **CONCURRENT SESSIONS**
Practical Issues in Palliative Care: Difficult Cases.
Ingrid deKock / Sarah Burton MacLeod

2) **Trends and Issues in Palliative Care:** Bowel Performance Scale (PBS) and Management.
Michael Downing

3) **Collaboration in Care:** Using "Wit" to Explore the Challenge of Ethical Engagement with Patients.
Wendy Austin

4) **Advancements in Palliative Care:** Pearls from the Recent Literature.
Vincent Thai / Pablo Amigo

1200 – 1255 **LUNCH**

1300 – 1400 **PLENARY ADDRESS**
Lying Down in Endlessly Falling Snow: The Experience of Compassion Fatigue.
Wendy Austin

1405 – 1500 **CLOSING**
"Please Hear What I'm Not Saying"
Old Scona Drama Students

21st Annual Palliative Care Conference: Education and Research Days 25th & 26th October 2010 - Fantasyland Hotel, West Edmonton Mall

Pre-registration is necessary to guarantee lunch

REGISTRATION FORM: **PLEASE FILL IN COMPLETELY AND PRINT CLEARLY OR TYPE**

LAST/FIRST NAME: _____

ORGANIZATION/AFFILIATION: _____

ADDRESS: _____

City Province Postal Code

PHONE () _____ FAX () _____ E-MAIL _____

Fee Schedule:	Before Oct 8	After Oct 8	Amount Enclosed	1 Day Indicate Day
2 Day Registration	\$250.00	\$350.00	_____	_____
1 Day Registration	\$175.00	\$275.00	_____	_____
Student - 2 Day } ID	\$ 80.00	\$120.00	_____	_____
Student - 1 Day } required	\$ 50.00	\$ 90.00	_____	_____

*Purchase three registrations and get the fourth one free. (Must register as a group in order to qualify.)

FEE: (G.S.T. and Lunches included in price) (G.S.T. Registration No. 107282535)

Are you registering as a

Presenter: Session: _____
 Student: ID: _____
Educational Institution: _____

Professional Designation: MD RN LPN Pharm PhD Social Work Pastoral Care Occ. Therapy
 Physio Therapy Dietary Other (Specify): _____

CONCURRENT SESSIONS (Indicate a choice for each Session)

Monday, October 25, 2010

A.1 ___ A.2 ___ A.3 ___ A.4 ___
B.1 ___ B.2 ___ B.3 ___ B.4 ___
C.1 ___ C.2 ___ C.3 ___ C.4 ___

Tuesday, October 26, 2010

D.1 ___ D.2 ___ D.3 ___ D.4 ___

Telephone/fax registrations will not be guaranteed until payment is received.

Registration Deadline: No registrations will be accepted after October 20th.

A \$25 cancellation fee applies to all cancellations before October 8th. The Registration fee is non-refundable after October 8th.

Further Information contact: Phone: 780-735-7730; Fax: 780-735-7700 E-mail: Melanie.Grygus@covenanthealth.ca

If paying by Credit Card: Visa Master Card Amex Other _____

Card No. _____ Expiry Date _____ Signature _____

If paying by cheque make payable to: **Covenant Health** and Mail to:
Melanie Grygus
Grey Nuns Community Hospital
1100 Youville Drive West, Room 4030

Receipts will be enclosed in your Registration package at the door